



SOCIAL EMOTIONAL LEARNING (SEL) READING LESSONS

Many of these books may be available at your local library.
Some books have not been reviewed by St. Philip's School & Community Center;
therefore, parents should preread to ensure content meets your family's core values.
Parents, search the web for reading activities for each book. **This SEL list is NOT required for the summer, just ENJOY!**

DEVELOPING SELF-AWARENESS

- [Giraffes Can't Dance by Giles Andreae](#)
- [Chrysanthemum by Kevin Henkes](#)
- [The Name Jar by Yangsook Choi](#)
- [Hooray for You! A Celebration of You-ness by Marianne Richmond](#)
- [I Believe I Can by Grace Byers](#)
- [All Because You Matter by Tami Charles](#)
- [Uncomfortable Conversations with a Black Boy by Emmanuel Acho](#)

BUILDING CONFIDENCE

- [I Am I Can I Will by April Pelton](#)
- [I'm Gonna Like Me by Jamie Lee Curtis](#)
- [Amazing Grace by Mary Hoffman](#)
- [Exclamation Mark by Amy Krouse Rosenthal](#)
- [I Like Me! By Nancy Carlson](#)
- [Zero by Kathryn Otoshi](#)
- [It Will Be Okay: Trusting God by Lysa TerKeurst](#)
- [God Gave Us \(Series\) by Lisa Bergren](#)
- [When God Made You by Matthew Paul Turner](#)
- [I AM ...Positive Affirmations for Brown Boys by Ayesha Rodriguez](#)

UNDERSTANDING EMOTIONS

- [Visiting Feelings by Lauren Rubenstein](#)
- [Jabari Jumps by Gaia Cornwall](#)
- [The Way I Feel by Jonan Cain](#)
- [The Color Monster by Anna Llenas](#)
- [In My Heart: A Book of Feelings by Jo Witek](#)

HOPES AND DREAMS

- [Hiromi's Hands by Lynne Barasch](#)
- [Rosie Revere, Engineer by Andrea Beaty](#)
- [Big Al by Andrew Clements](#)
- [Matthew's Dream by Leo Lionni](#)
- [The Wonderful Things You Will Be by Emily Winfield Martin](#)



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STUDY HABITS

- [Farmer Duck by Martin Waddell](#)
- [Planning Isn't My Priority by Julia Cook](#)
- [Don't Forget the Bacon by Pat Hutchins](#)
- [See You Later, Procrastinator! By Pamela Espeland and Elizabeth Verdick](#)

SELF-CONTROL

- [Interrupting Chicken by David Ezra Stein](#)
- [How to Be a Superhero Called Self-Control by Lauren Brukner](#)
- [What If? by Colleen Doyle Bryant](#)
- [What Were You Thinking? Learning to Control Your Impulses by Brian Smith](#)

PERSEVERANCE & RESILIENCE

- [Salt in His Shoes by Deloris Jordan](#)
- [Brave Irene by William Steig](#)
- [Apples to Oregon by Deborah Hopkinson](#)
- [Unstoppable Me! By Dr. Wayne W. Dyer](#)
- [Wilma Unlimited by Kathleen Krull](#)
- [The Most Magnificent Thing by Ashley Spires](#)

RESPECT

- [David Goes to School by David Shannon](#)
- [The Way I Act by Steve Metzger](#)
- [Respect and Take Care of Things by Cheri J. Meiners](#)

REFLECTING ON CHOICES

- [David Gets in Trouble by David Shannon](#)
- [Lilly's Purple Plastic Purse by Kevin Kenkes](#)
- [Beautiful Oops! By Barney Saltzberg](#)
- [After the Fall by Dan Santat](#)

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EMPATHY

- [The Invisible Boy by Trudy Ludwig](#)
- [The Bicycle Man by Allen Say](#)
- [Do Unto Otters by Laurie Keller](#)
- [Stand In My Shoes by Bob Somson](#)
- [Zen Ties by Jon J. Muth](#)

KINDNESS

- [Each Kindness by Jacqueline Woodson](#)
- [Those Shoes by Maribeth Boelts](#)
- [Pinduli by Janell Cannon](#)
- [Good People Everywhere by Lynea Gillen](#)
- [Kindness Starts with You by Jacquelyn Stagg](#)
- [A Chair for My Mother by Vera B. Williams](#)
- [I Am Enough by Grace Byers](#)

FRIENDSHIP SKILLS

- [How to Lose All Your Friends by Nancy Carlson](#)
- [Making Friends is an Art by Julia Cook](#)
- [Love Monster and the Last Chocolate by Rachel Bright](#)
- [Jessica's Box by Peter Carnavas](#)
- [Louise and Andie: The Art of Friendship by Kelly Light](#)

INCLUDING OTHERS

- [The Boy Who Wouldn't Share by Mike Reiss](#)
- [Rulers of the Playground by Joseph Kuefler](#)
- [A Sick Day for Amos McGee by Philip C. Stead](#)
- [The Invisible Boy by Patrice Barton](#)
- [Same Same But Different by Jenny Sue Kosteck-Shaw](#)

CONFLICT RESOLUTION

- [Eat Your Peas by Kes Gray](#)
- [Sharing a Shell by Julia Donaldson](#)



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- [There's a Bear on my Chair by Ross Collins](#)
- [Where the Wild Things Are by Maurice Sendak](#)
- [Iris and Isaac by Cheterine Rayner](#)

BEING RESPONSIBLE

- [The Paperboy by Dav Pilkey](#)
- [I Just Forgot by Mercer Mayer](#)
- [Arthur's Pet Business by Marc Brown](#)
- [The Emperor's Egg by Martin Jenkins](#)
- [The Way I Act by Steve Metzger](#)

MAKING GOOD CHOICES

- [What If Everybody Did That? By Ellen Javernick](#)
- [Do Unto Otters by Laurie Keller](#)
- [Making Smart Choices by Lucia Raatma](#)
- [Land of Or by Katie Mullaly](#)

PEER INFLUENCE

- [The Juice Box Bully by Bob Somson and Maria Dismondy](#)
- [One by Kathryn Otoshi](#)
- [The Hueys in the New Sweater by Oliver Jeffers](#)
- [A Bad Case of the Stripes by David Shannon](#)
- [Bully on the Bus by Carl W. Bosch](#)