

How to order the correct size:

From the size chart below, order the size by letter that corresponds to either the size range or your actual body measurements in inches.

How to measure:

Bust/chest: With arms relaxed at sides, measure around the body at the fullest part of the bust/chest, keeping the tape parallel to the floor.

Waist: Measure around the body (not on top of clothing) at the waist level.

| Youth Shirts - T-Shirts/Sweatshirt/Hoodie | S | M | L | XL |
|--|----------|----------|----------|-----------|
| Size | 6/8 | 10/12 | 14/16 | 18/20 |

| Youth Shorts and Sweatpants | S | M | L | XL |
|------------------------------------|----------|----------|----------|-----------|
| Waist (inches) | 24-28 | 26-28 | 28-30 | 30-32 |
| Size | 6/8 | 10/12 | 14/16 | 18/20 |

| Adult Shirts - sweatshirt/T-shirts/Hoodie | S | M | L | XL |
|--|----------|----------|----------|-----------|
| Chest | 34-36 | 38-40 | 42-44 | 46-48 |

| Adult Shorts and Sweatpants | S | M | L | XL |
|------------------------------------|----------|----------|----------|-----------|
| Waist (inches) | 28-30 | 32-34 | 36-38 | 40-42 |